



# Shining Light on Early Childhood Education



**Saturday, July 28<sup>th</sup>, 2018**

**Location:** Kingswood University & Lisa’s Playhouse Children’s Learning Centre, Sussex, NB

**Questions:** [lisasplayhouse@nb.aibn.com](mailto:lisasplayhouse@nb.aibn.com) **1-506-433-2273**

**Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

### Workshop Choices:

**Please number the workshops you’d like to see as your top four picks:**

- \_\_\_ Rob Matthews – **Feeding Two Birds With One Song**
- \_\_\_ Susan MacDonald – **Finding the Spark**
- \_\_\_ Moon Joyce – **Integrated Arts/Younger Years**
- \_\_\_ Cindy Levesque – **Physical Literacy**
- \_\_\_ Stephanie Ward – **Feeding happy and competent little eaters**

You will receive a package detailing what time you will see each session!

**Allergies/dietary Restrictions:** \_\_\_\_\_

### Registration fee:

*Fee includes: Conference Registration, morning snack and lunch, both days, a certificate and welcome swag bag!*

**\$150**

**\$25 Optional Friday night food and entertainment social and tour of Lisa’s Playhouse grounds!**

**Please mail completed form and payment to:**



**Lisa’s Playhouse**  
**14 Ballymaginthy Way**  
**Roachville, NB**  
**E4G 2X1**

**Make Cheques payable to Lisa’s Playhouse**

**Scan the completed form and email it to:**

OR

[lisasplayhouse@nb.aibn.com](mailto:lisasplayhouse@nb.aibn.com)

The fee can then be sent via e-transfer to the address using the password:  
**conference**

**Cancellation Policy:** Refunds for paid registrations will be honoured ONLY if cancellation notice is received by Lisa’s Playhouse at least one full month before the date of the event.

## Kingswood Accommodation Reservation

Kingswood University dormitory for \$60/night.  
2 ppl per room

There are limited rooms which are given on a first come first served basis. The first 40 participants that reserve will get the air conditioned rooms with a private bathroom and the remaining participants (60) that reserve will be placed in the non-air conditioned rooms with a shared bathroom. Register early if you'd like to take advantage of this room rate.

No rooms will be reserved until conference fee is paid in full.

I would like to reserve a bed at Kingswood and am aware that I will be placed in a room with another participant that I do not know.

I would like to reserve a bed at Kingswood and would like to share a room with:

\_\_\_\_\_ (registration must be done early and both participants must be paid in full)

## 2018 Conference Schedule

### Saturday July 28th 2018

<b>8:00 AM</b>	Welcome! Lisa Brown
<b>8:30AM</b>	Keynote Speaker, Susan MacDonald
<b>9:30AM</b>	Marketplace break
<b>10:00AM</b>	Workshop (your itinerary will detail where you are to be) (Prompt Start)
<b>11:30</b>	Lunch / Marketplace shopping
<b>12:30PM</b>	Workshop (your itinerary will detail where you are to be) (Prompt Start)
<b>2:00PM</b>	Marketplace shopping & Networking
<b>2:30PM</b>	Workshop (your itinerary will detail where you are to be) (Prompt Start)
<b>4:00PM</b>	Vendor Break
<b>4:30PM</b>	Closing note from Lisa and Evening goodbye



## Meet our Key Note Speaker



### Susan MacDonald

**Susan MacDonald** is the founder of Inspiring New Perspectives, a consultancy focused on empowering educational leaders to create programs that deeply respect and nurture the possibilities that lie within each child, parent, and teacher.

A professional speaker and instructor on education improvement issues, Susan has been developing and delivering inspirational courses and workshops for over 25 years. She has combined her knowledge of early childhood quality standards with her unique professional background to create a higher quality of engaging and motivational presentations.

Her background includes directing a Reggio-inspired preschool program, serving as a licensing supervisor for the Commonwealth of Massachusetts, and teaching at Lesley University, Wheelock College, and the Center for School Transformation.

Susan holds a Master's degree in Instructional Design as well as professional coach certifications through the Institute for Professional Excellence in Coaching, the Center for School Transformation's Evocative Coaching program, and the Minds at Work Immunity to Change program. She applies all of this and her extensive experience to deliver training that empowers educational leaders to drive change in their organizations.

Susan is president of the Boston Area Reggio Inspired Network and past vice president of the Massachusetts Association for the Education of Young Children.

In 2016, Susan will publish *Inspiring Early Childhood Leadership: Eight Strategies to Ignite Passion and Transform Program Quality*, through Gryphon House.

Susan, Diane and Cindy will also be hosting workshops – see descriptions in the pages below

## Key Note Description

### Keynote Address: Susan MacDonald

#### **PASSION AND ENGAGEMENT: THE KEY TO CREATING VIBRANT LEARNING COMMUNITIES!**

Rediscover and reignite your passion for all aspects of your work. Together, we will explore how raising our own personal energy levels can have a tremendous impact on the joy we experience in our professional roles and the lives of the children and families with whom we engage. In this highly interactive presentation, you will be inspired to create a clear vision and identify action steps that will guide you on a path to increased joy and engagement in your daily work.

## Meet our Workshop Presenters



### **Robert Matthews**

#### **About the Presenter:**

Robert Matthews is a music specialist who received his Masters in Music Education from the University of Pretoria in Gauteng, South Africa. Rob spent eight years teaching Music Methodology, Classroom Music Practice, African Percussion and Piano Didactics to education students at the University of the Witwatersrand in Johannesburg, South Africa. He has also worked as a music teacher catering to various age groups from pre-school through high school. While living in South Africa, Rob served for six years as an annual presenter for the professional development of educators belonging to NAPTOSA - the National Professional Teachers' Organization of South Africa. He has also presented enrichment workshops for Orff Africa\* as well as music education modules for the in-service training of practicing general educators in the primary and elementary phases through the University of the Witwatersrand. His most recent stint of music teaching has been amongst the Inuit on Canada's Baffin Island. Prior to moving to Canada, Rob worked as the director for the Waterstone School of Arts where he facilitated various teachers/ tutors in the teaching of classroom music as well individual music tuition, band, choir and drama.

Rob has a keen educational interest in teaching teachers to use music to its full potential in their classrooms. Much of his focus is using music as a catalyst for critical thinking and as a point of departure for greater learning. His underpinning philosophy is that the teaching of music should be praxial and not simply theoretical. In other words, the skill is gained and enhanced through doing.



### **Cindy Levesque**

#### **About the presenter**

Cindy graduated from a Master of Science in Exercise and Sport Sciences in spring of 2015 and began working in the role of physical literacy consultant for the next 3 years at Sport NB. Under the supervision and guidance of the physical literacy coalition, her focus was on creating awareness of the concept of physical literacy in the province as well as emphasize the importance of developing physical literacy in programs through recreation, childcare, sport and education sectors. Cindy's current role as a Wellness Consultants now allows her to still educate on physical literacy but also on how physical literacy can directly affect the other dimensions of wellness. Cindy has also acquired her certificate of completion from the Sport for Life's Leader School and has worked with the organization by delivering talks on physical literacy to organizations in Nova Scotia and on Prince Edward Island.

Aside from her role as a consultant, Cindy has shared and implemented her physical literacy knowledge in the community. She is the program coordinator for the KIN Kids program hosted by the University of New Brunswick, which aims at providing an opportunity for all kids to participate in guided active play rooted in the foundation of physical literacy. She has been the instructor for two new courses at the University of New Brunswick called Physical Literacy and Education and Pedagogy of Coaching and Teaching. She has also done some collaborative research with the university on physical literacy and it's correlation to health indicators. She is part of advisory committees such as the National Physical Literacy Alliance, the Active Kids Toolkit, the Physical Activity Working Group for HEPAC, and has been working with an advisory group on developing policy for Healthy Eating and Active Play for NB licensed child day care facilities. Her passion for physical literacy and her energetic personality are contagious; be prepared to have a lot of fun in her sessions.

## Meet our Workshop Presenters



**Victoria Moon Joyce PhD**

**About the Presenter:**

Moon is a multi-disciplinary artist, musician and educator with over 30 years' experience using integrated arts as an outdoor educator and as a pre-service teacher education trainer at four Canadian universities. She uses a hands-on approach to teaching and learning as an experiential educator. Her work is (un)equal parts educator, artist and musician and she finds that each discipline informs and inspires the other in a mutually beneficial way.

Moon is also involved in various community arts and music projects in New Brunswick and is currently developing a training program in Atlantic Canada for staff to lead land-based learning programs in a number of First Nations community schools at the early childhood level, and in off-reserve Aboriginal Head Start centres throughout Atlantic Canada.



**Stephanie Ward**

**About the Presenter:**

Stéphanie Ward, PhD, RD is a Registered Dietitian and a professor at the École des Sciences des aliments, de nutrition et d'études familiales at the Université de Moncton. She obtained her Bachelor of Science in nutrition from the Université de Moncton, as well as a Masters and PhD in clinical sciences from the Université de Sherbrooke. Since 2013, she has been involved in evaluating the impact of a nationally-funded health promotion program on the health of over 800 preschoolers from childcare centres across New Brunswick and Saskatchewan. Dr. Ward's research focuses on the role of childcare environments, both physical and social, on the development of healthy weight and the promotion of healthy eating and physical activity among young children.



**Please see Susan MacDonald's bio's above.**

## Descriptions of Workshops

Please choose your top 4 choices on the main registration page!

### **Finding The Spark: Bringing Passion and Intentionality Into All Aspects of Your Work**

**Susan MacDonald**

#### **About the workshop:**

This lively and engaging workshop will help you discover new ways of finding inspiration for developing a child-centered curriculum. You will be introduced to a four-step process that will help you create a curriculum that is deeply reflective of the children's interests. You will also be encouraged to bring your own passions and hobbies into the curriculum to enrich the learning experiences you create. And, you'll also receive a resource list and sample planning forms at this important workshop.

### **Integrated Arts Approach for the Younger Years**

**Victoria Moon Joyce PhD**

#### **About the Workshop:**

Each child engages with the world in a unique way – through the senses, through direct experience, and through communication with others. This holistic approach to learning is natural but not often normal in our modern world. The arts provide holistic experiences of engagement interpersonally and intra-personally. In this workshop you will experience and strategize how an arts integration approach can deepen learning and provide flexible options for all children to access diverse ways of understanding and problem solving

### **Feeding Two Birds With One Song**

**Robert Matthews:**

Using music to, inter alia, energize and colour your pre-school classroom while simultaneously meeting the physiological and cognitive needs of the pre-school child through the exploration of the elements of music.

#### **About the Workshop:**

In this workshop, participants will explore and utilize the elements of music (beat, rhythm, time, tempo, texture, timbre & mood) to enhance music enrichment within their classes. With easy-to-implement music education material relevant to ECD, participants will enjoy a fun-filled workshop and will come away with fresh ideas for the classroom that will meet the physiological and cognitive needs of their pre-school students.

Rob's book, "Generic Music Style Preferences of South African Adolescents" is available on Amazon.com

\* The Orff Approach, is a developmental approach used in music education combining music, movement, drama and speech into lessons that emulate the child's world of play. This method was developed by the German composer Carl Orff (1895–1982) during the 1920s. Carl Orff worked until the end of his life to continue the development and spread of this successful teaching method and as a result, the Orff Approach is now used throughout the world to teach students in a natural, comfortable environment conducive to learning.

## **Play to Learn: Physical Literacy in the Early Years**

**Cindy Levesque**

### **About the workshop:**

The early years are a crucial time for brain development, which also means a crucial time to develop motor patterns to successfully be able to move properly. Imagine a world where children didn't learn their ABC's before learning to read and write, would they successfully become literate? Learning the ABC's is the foundation to becoming literate. Physical literacy is exactly the same, but instead of ABC's, children are exposed to opportunities where they learn basic fundamental movements and patterns, which is the foundation to being physically active for life and therefore physically literate.

In this session participants will learn and PLAY. Participants will learn what physical literacy is, the need for physical literacy, and what a quality physical literacy experience entails. And finally participants will PLAY to learn how to implement a quality physical literacy experience for children in the early years.

## **Feeding happy and competent little eaters: Moving from the What and How much to the How of feeding young children**

**Stéphanie Ward**

Helping young children establish healthy eating patterns early in life sets them up for a lifetime of healthy eating behaviours. Childcare settings provide rich opportunities for influencing and impacting children's evolving knowledge and relationship with food. This workshop will look at the importance of the feeding relationship in terms of the how of feeding and eating, rather than on the what and how much. This session will provide you with knowledge and practical tips to help young children develop a love for healthy, nutritious foods, and to create positive, fun and relaxed mealtime experiences.

## Accommodations

We are pleased to offer you a list of accommodations for our area! Any of these would be a wonderful choice to make your stay wonderful and comfortable. They are listed with the first being the closest to the conference venue! All hotels listed have a special rate for our conference. When you reserve your room, please ask for the Shining Light Conference rate or Lisa's Playhouse. All hotel names contain links to their websites and the address' have links to the google map location to obtain directions from your location.

### [Kingswood University Dorm](#)

(Reserve on your registration with Lisa's Playhouse using the sheet above!)

[80 Summit Avenue, Sussex, NB E4E 1A4](#) (conference location)

100 Rooms:

40 with Air conditioning – **2ppl/room private bathroom \$60/night**

60 without air conditioning and **2ppl/room shared bathroom \$60/night**

These rooms will be reserved through Lisa's Playhouse on a first asked first served basis. Register early to take advantage of these low rates!

### [Amsterdam Inn](#)

**1-506-432-5050**

[143 Main Street, Sussex, NB E4E 1S8](#)

25 Rooms

1 person - **\$104.00**, plus tax per night

2 people - **\$114.00**, plus tax per night

The above rates are the same for various room types, 1 or two beds in each room. When you call you can specify which type of room you would like for what you need.

Rate includes a hot breakfast

Group Reservation Number 70513 – Shining Light Conference

### [Fair Way Inn](#)

**1-800-565-2260**

[216 Roachville Rd, Sussex, NB E4E 5L6](#)

30 Rooms

1 person, **1 bed** - **\$95.00**, plus tax per room per night

2 people, **2 beds** - **\$117.00**, plus tax per room per night

3 people, **2 beds** - **\$129.00**, plus tax per room per night

4 people, **2 beds** - **\$141.00**, plus tax per room per night

These rates are inclusive of a plated hot breakfast served in our on-site restaurant in the morning, consisting of two scrambled eggs, choice of bacon, ham or sausage, deep fried home fries, toast and coffee.

Group Reservation Number: 067123

## Accommodations

### Covered Bridge Inn

**1-506-433-1805**

818 Main Street, Sussex, NB E4E 2M7

12 Rooms

**2 Beds, 2ppl - \$85**

**1 Bed – 1 person \$60; 2 ppl \$70**

### All Seasons Inn

**1-506-433-2220**

1015 Main Street Sussex, NB E4E 2M6

18 Rooms

Single room-**one bed is \$99.00** plus HST based on two people

Double Room - **Two beds is \$114.00** plus HST based on two people

Rates include a hot plated breakfast in the morning

### Maple Shade B&B

43 Church Avenue, Sussex, NB E4E 1A1

1-506-433-8300

1 Bedroom suite 1-3 people – **\$90/night**

2 Bedroom suite 1-5 people - **\$115/night**

3 Bedroom suite 1-8 people - **\$140/night**

### Jonah Place B&B

977 Main Street Sussex, NB E4E 2M7

1-506-433-6978

Various different themed rooms from **\$115-\$135/night**

For anyone who would like to camp for the weekend/before/after here is a listing of sponsored campgrounds:

[KOA Campground](#)

[Pine Cone Camping](#)

[Animal Land Campground](#)

[Three Bears Campground](#)

[Lone Pine Campground](#)

## Places to Eat

Our quaint town offers many different eating ideas! You can dine on wonderful local fair, or choose a quick bite to eat at one of the fast food places we have to offer. Once again they are listed in groups and listed in order of closeness to the venue.

### Fast Food

Dairy Queen

Burger King

Tim Hortons

McDonald's

Kentucky Fried Chicken

A&W

### Restaurants

Smitty's

JJ's Diner (Fairway Inn)

Taste & See

Gasthof Old Bavarian

Sushi Jo's

All Seasons Inn

Off the Rail Café



## Things to do



We have many wonderful things to offer in our beautiful town of [Sussex, NB](#) and surrounding area. Within our town limits you can safely walk our streets safely and explore our shops and tour our town.

Walk the town and marvel at the murals painted on our buildings throughout the town, visit the local art café and see what our local artisans have to offer. Take a break and have an ice cream at our local gem Sully's Ice Cream Parlour located in our preserved

train station. After, you can tour our Museum and immerse yourself in our local history and the part we played in our world wars.

Not only can you find wonderful art and amazing history, our area is full of adventure. You can hike our local bluff, run our trails and explore our parks and brooks.

If you feel a little more adventurous, you can take a trip to [St. Martins](#) or [Fundy Park](#). Explore [Fundy Footpath](#) – recognized nationally as one of the best trail systems in North America. Sussex is located centrally to all these locations, take a sea kayak trip in St. Martin's with [Red Rock Adventures](#), relax on one of our local beaches, or explore a lighthouse on Cape Enrage.



Follow any of these links to check out what the area has to offer and how to book any tour or excursion.



Many of our local attractions have gotten recognition around the globe for being some of the best places to see, eat and explore! You will not be disappointed in our region!

Here are a couple of nationally published links describing the beauty of our area!

<https://paidpost.nytimes.com/destination-canada/canadas-maritimes.html>

<https://www.explore-mag.com/50 Best Hikes in the World>